



Clarendon CISD Athletic Policy

****All student-athletes participating in a sport in Clarendon CISD agree to abide by the following policy****

Competing in athletics is a privilege, not a right. All student-athletes at Clarendon CISD are held to a higher standard in competition, the classroom, and off campus. We represent the Clarendon Broncos in EVERYTHING we do.

Appearance

- Student-Athletes will maintain a clean, presentable appearance in athletics, in the classroom, and in the community
- Hair must be kept cut/trimmed, clean, and of natural color
- No designs, numbers, lines, or notches are to be cut into the head or eyebrow(s)
- Facial hair must be trimmed and neat
- No earrings or facial piercings for boys. Girls may wear earrings.
- No jewelry worn during practices, lifts, or games
- Tattoos must be covered. No tattoos above the neck line.
- No sagging
- Holes in jeans/pants must be reasonable and in dress code
- Dress and appearance when traveling to games must be uniform with the team and approved by the head coach

Drugs, Alcohol, Tobacco, Vapes, or Criminal Charges

- 1st Offense: 7 Day Active Suspension
Punishment deemed appropriate by head coach
- 2nd Offense: 14 Day Active Suspension
Punishment deemed appropriate by head coach
- 3rd Offense: Removal from all athletic programs for one calendar year

Missing Practice / Games / Meetings

- Student-athlete will have a make-up workout deemed appropriate by the head coach.
- Misses that are not communicated in advance will likely have a disciplinary consequence.
- Multiple misses will be handled by the head coach and could result in suspension, either active or indefinite.



Quitting / Removal From Sport

- Quitting a sport and being removed from a sport by decision of the head coach are different situations.
 - Quitting: If a student-athlete quits and does not wish to continue playing a sport they will miss the first two weeks of the next sport.
 - Removal From Sport: If a student-athlete is removed from a sport by choice of the head coach there will be no suspension period. If the coach of the next sport wishes to issue a punishment prior to the start of the next sport then that is at their discretion.
- Trial Period: There will be a two week trial period for athletes wanting to participate in a sport they have not previously played. If at any time during the trial period a student-athlete does not wish to continue their participation, they may quit with no repercussions regarding any other sports.

Personal Fouls, Technicals, or Ejections

- If a student-athlete receives a **personal foul** or **technical** during a game the student-athlete will be punished at the discretion of the head coach.
- If a student-athlete is **ejected** from a contest they will be punished at the discretion of the head coach and will be suspended for the next game per UIL rules (½ game for football).

Meetings with Coaches

- Student-athletes and/or their parents may request a meeting with their coach to discuss their performance.
- Coaches will not discuss another student-athlete's performance.
- Playing time is up to the coach and is not up for discussion.
- 24 Hour Rule: If a parent or student-athlete wishes to discuss decisions made during a game with the coach then a meeting can be set up as early as 24 hours after the game.

Grievances

- If a student-athlete or their parents wish to meet about any problems or complaints they need to meet with the coach of the team. If the situation cannot be resolved then a meeting will take place with the head coach of that sport. If the problem persists, then a meeting will take place with the athletic director and involved coaches.



Academics

- Any student-athlete who has below a 75 average in a class at progress report will be required to attend tutorials daily until their grade is at or above a 75. Missed tutoring sessions will be treated as a missed practice and will be punished as such.

ISS / DAEP

- Any student-athlete assigned to ISS will still be allowed to attend practice after the school day is complete. They will serve an appropriate punishment at the discretion of the head coach.
- If a student-athlete is in ISS on a game day they must serve their full day of ISS before joining the team. If the team is leaving for an away game prior to the end of the school day, then the student-athlete will not be allowed to travel with the team to the competition.
- Any student-athlete who receives DAEP will be suspended from all athletics indefinitely. Student-athlete and parents will have to meet with head coach(s) and athletic director prior to joining any sport.

Social Media

- All Clarendon CISD student-athletes are held to a higher standard. They are responsible for their words and actions at ALL TIMES, not just at school or during competition. This includes all forms of social media, including Instagram, Twitter, Facebook, TikTok, Reddit, and other apps. Inappropriate posts and/or comments, including derogatory remarks about Clarendon CISD programs, students, or employees, will be met with disciplinary action as deemed appropriate by the athletic and student codes of conduct with input from the head coach and athletic director.

Athletic Period

- All athletic periods are an extension of the sport(s) a student-athlete is participating in. Participation in an athletic period is a privilege, not a right. As with any sport, a coach, or coaches, may decide to add or remove a student-athlete at any time for any reason they deem appropriate.
- Attendance in the athletic period is required daily, just like practice.
- Grades will be based upon attendance and punctuality. An unexcused miss will result in a loss of two points from a student-athletes grade. An unexcused tardy will result in a loss of one point from their grade.



Injuries and Doctor's Notes

Student-athlete safety is a top priority of all coaches. We will never knowingly put your son or daughter in a dangerous position, especially when dealing with an injury.

- It is imperative that student-athletes, as well as parents, understand the difference in being hurt vs. being injured. If you feel an injury has occurred then go see a doctor!
- If you are unsure about the severity of an issue and do not feel that your son or daughter needs to see a medical professional, then communicate with your coach(es).
- Workouts can be modified to accommodate for hurt athletes...HOWEVER...Workouts cannot be modified when a doctor's note says "No physical activity for two weeks."
- PLEASE talk to your doctor!
 - Example: "No activity" for multiple weeks for a sprained ankle is only going to hurt a student-athlete in the long run. TALK to the doctor and see if they can write SPECIFIC RESTRICTIONS on your note. That sprained ankle will take you out of lower body exercises and running until it heals, but if you can continue to do upper body exercises during modified workouts, you will not only be improving as an athlete while your injury heals, but your body will stay in shape to promote a quicker and stronger recovery.
- COMMUNICATE! Players, please talk to your coach(es)!
- Bring us a note. Many times a note is provided to the school for attendance purposes. Sometimes we get those notes and sometimes we don't. Help us out and get your coach a copy as well.



Clarendon CISD Athletic Policy Agreement

Participation in any athletic program at Clarendon CISD is a privilege, not a right. All student-athletes are expected to conduct themselves in accordance with the aforementioned policies. We hold our athletes to a higher standard in the competition arena, the classroom, and in the community. Any incidents that are not detailed in the Athletic Policy will be dealt with as the head coach of the sport and the athletic director see fit.

Any suspensions, active or otherwise, will be documented and signed by the student-athlete, parent/guardian, head coach, athletic director, and any other appropriate party.

****By being a member of any athletic program at Clarendon CISD all student-athletes and parents/guardians will abide by the rules and regulations with the Athletic Policy at all times, whether the agreement has been signed or not.****

Student Printed Name

Student Signature

Date

Parent/Guardian Signature

Date

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